



Well-Child Notebook

Your child needs regular visits to the doctor to make sure they're healthy. These visits are called well-child visits. At these visits, your child's doctor will give any needed immunizations (shots) and check your child's growth and development.

To help you get the most from your well-child visits, we've created the notebook below. It lists when your child should go to the doctor and how often. There's also a space for you to write down any questions you have for the doctor before the visit, so you don't forget.

If you have any questions, or you'd like to schedule transportation to and from your appointment, call us at: <1-800-727-7536>. We're available <Monday – Friday, 8:00 am – 5:00 pm>. You can also email us at <healthyheartbeats@viriniapremier.com>.

Well-Visit Schedule - Birth to 24 Months

Age	Visit Date	Questions to Ask the Doctor
1 or 2 months		
4 months		
6 months		
9 months		
12 months		
15 months		
18 months		
24 months		